

Adult Rehabilitative Mental Health Services

Adult rehabilitative mental health services are mental health services available to individuals covered by Medical Assistance. These services are rehabilitative and enable the recipient to develop and enhance:

- ❖ psychiatric stability
- ❖ social competencies
- ❖ personal and emotional adjustment
- ❖ independent living and community skills

when these abilities are impaired by the symptoms of mental illness. Services may be provided on a face to face basis or in group and may be provided in home, in community or at CMMHC.

Adult rehabilitative mental health services may be provided to retain stability and function, if the recipient is or would be at risk of significant functional decompensation or more restrictive service settings without these services.

The adult rehabilitative mental health services consist of three components:

1. Mental Health Basic Living and Social Skills
2. Community Intervention
3. Medication Education

For additional information or intake, please call the ARMHS Coordinator at 320-202-2062.



**CENTRAL MINNESOTA
MENTAL HEALTH CENTER**

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After Hours Crisis Line: 1-800-635-8008 or 320-253-5555